



FOLKS from all over work out with BILL.
East to West
North to South,
Bill is the best.

A quote from Bill,
"Exercise is called a workout for a reason,
If it was fun they'd call it 'Bingo'."

We feel young, Not old.
Bill, Mahalo
You have a  of GOLD.

Bill, Teacher ~ Sensei,
You brighten our day.

--- Susie K
April 30, 2015